

INDOOR RUSSIA RECORDS ATHLETICS

Men

60 m	6.6	Bychkov, Sergey	62	Moskou	12.02.1988	Lvov / UKR
200 m	22.3	Bychkov, Sergey	62	Moskou	13.02.1988	Lvov / UKR
400 m	49.3	Ukhanov, Pavel	80	Ekaterinburg	22.01.2005	Ekaterinburg
800 m	1:53.91	Silaev, Aleksey	81	S.-Peterburg	2005	S.-Peterburg
1.000 m	2:28.21	Silaev, Aleksey	81	S.-Peterburg	25.12.2005	S.-Peterburg
1.500 m	3:59.0	Sougoniaev, Alexandre	74	Ekaterinburg	14.02.1998	Moskou
3.000 m	8:29.01	Sougoniaev, Alexandre	74	Ekaterinburg	15.02.1998	Moskou
5.000 m	14:43.3	Kosenko, Valeriy	70	Cheliabinsk	03.02.2002	Ekaterinburg
60 m hurdles	8.4	Alesin, Mihail	59	Leningrad	18.03.1984	Ordzhoikidze
High jump	2.10	Vinnik, Vladislav	67	Moskou	24.02.1990	Lipetsk
	2.10	Landar, Aleksey	87	S.-Peterburg	26.11.2006	S.-Peterburg
Pole vault	4.20	Alesin, Mihail	59	Leningrad	18.03.1988	Moskou
Long jump	7.03	Alesin, Mihail	59	Leningrad	1979	Saratov
Triple jump	14.55	Savostin, Aleksey	88	Volgograd	24.02.2007	Novocheboksarsk
Shot put	16.75	Ostapenkov, Artur	63	Leningrad	24.02.1990	Lipetsk
Heptathlon	4.202	Riazanov, Sergey	79	S.-Peterburg	18.03.2000	Spala / POL
		7.83 – 6.10 – 12.41 – 1.77 / 9.22 – 3.80 – 3:16.08				
4 x 200 m	1:37.19	National relay			06.03.1998	Dortmund
		Ukhanov, Pavel 80 – Bogomolov, Aleksandr 65 – Kulikov, Ryslan 75 – Hudenko, Evgeniy 77				
	1:33.8	Team Moskou			25.02.1990	Lipetsk
		Syrgov, Konstantin 65 – Bogomolov, Aleksandr 65 – Kroshkin, Boris 65 – Bychkov, Sergey 62				
4 x 400 m	3:30.10	National relay			18.03.2000	Spala / POL
		Potapov, Kirill 80 – Kyznetsov, Sergey 79 – Iakovlev, Aleksey 76 – Ukhanov, Pavel 80				
5.000 m walk	19:40.0	Ivanov, Vasiliev	77	Sheboksary	1998	Novocheboksarsk

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Women

60 m	7.6	Zharova, Aleksadra	53	Leningrad	17.03.1984	Ordzhonikidze
200 m	26.7	Bludova, Olga	68	Moskou	25.02.1990	Lipetsk
400 m	60.3	Diakova, Natalia	79	Ekaterinburg	11.02.1995	Novocheboksarsk
800 m	2:17.6	Borisova, Marina	62	Leningrad	03.03.1985	Sverdlovsk
1.000 m	2:59.63	Shmigelskaia, Olga	81	S.-Peterburg	25.12.2005	S.-Peterburg
1.500 m	4:41.53	Shmigelskaia, Olga	81	S.-Peterburg	06.01.2006	S.-Peterburg
3.000 m	9:54.19	Shmigelskaia, Olga	81	S.-Peterburg	08.01.2006	S.-Peterburg
60 m hurdles	9.2	Muravieva, Olga	63	Moskou	19.03.1988	Moskou
High jump	1.70	Hachadurova, Vera	86	S.-Peterburg	08.01.2006	S.-Peterburg
Pole jump	2.20	Zhibik, Alla	84	S.-Peterburg	04.03.2001	S.-Peterburg
Long jump	5.40	Kladieva, Elena	56	Moskou	02.03.1985	Sverdlovsk
Triple jump	11.33	Hachadurova, Vera	86	S.-Peterburg	26.02.2006	Saransk
Shot put	13.54	Lvov, Tatiana	62	Moskou	24.02.1990	Lipetsk
Pentathlon	3.686	Bolshakova, Irina		Leningrad	1972	Moskou
4 x 200 m	1:51.26	National relay Gribach, Ulia 78 – Gorshkova, Ekaterina 74 – Zatsepina, Elena 74 – Homiakova, Elena 80			07.03.1998	Dortmund / GER
4 x 200 m	1:50.9	Team Moskou Bludova, Olga 68 – Rybina, Olga 68 – Katanskaia, Marina 74 – Retunskaja, Irina 72			25.02.1990	Lipetsk
4 x 400 m	4:13.09	National relay Shmigelskaia, Olga 81 – Iakovleva, Elena 77 – Zhibik, Alla 84 – Kurashova, Daria 80			20.03.2004	Sofia / BUL
3.000 m walk	18:26.6	Timofeeva, Olga	80	Sheboksary	11.02.1995	Novocheboksarsk